

FAMILY FITNESS STARTS HERE

Marathon Kids Program is a family fitness program for kids to set goals and track their progress on a journey to complete marathons in the session. Challenge yourself and reach your goals with Nike and the YMCA! Every 20 minutes of exercise or activities = 1 mile towards your goal. Receive awesome incentives for every marathon completed!



For more information, contact Erica Snyder: ericasnyder@ymcala.org 818-326-1228

- Participants: Open to all ages.
- Program Cost: \$15 per person.
- Location: Porter Ranch Community School.
- Mondays & Wednesdays 7:20-7:50am

To sign up, call us or go to: www.activecommunities.com/ymcala

Incentives include:

- 26.2—Nike Shirt
- 52.4—Nike Shoelaces & YMCA water bottle
- 78.6—Nike Shoelace Tags & YMCA keychain
- 104.8—Nike Bracelet & YMCA Shirt